

# Don't Forget About Your Personal Nurse Coach- Priscilla Nobles RN



Call Priscilla for Support, Education, Guidance and Goal-Setting for your Health & Wellness!

Available Monday-Friday: 8:30-4:30 pm @ 513.551.1848 or 1.800.972.7726 ext. 71848. All Communication is Confidential including Voice Mailbox!

## Call for Questions About:

- ✓ Ways to reduce risk factors or symptoms of chronic disease(s)
- ✓ Help with Quitting your Smoking Habit (for good!)
- ✓ Support with staying on track with lifestyle changes
- ✓ Assistance with working with your doctors and other health care provider.